he Newspaper

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Canada College, Redwood City, California

March 20, 1970



This is how Portola Park may look under water-with forests destroyed-if the Pescadero Dam proposal passes. If you are opposed to losing another park, sign a petition

in Bldg. 17, Rm. 112 today and attend the March 26 meeting on this issue at the Veterans' Building in Redwood City at 8 p.m.

Creek 'Dammed' Pescadero

by Tom Bell

With increasingly crowded living space in the Bay Area, more stress is created for the individual in the form of traffic jams, air pollution, restricted space, etc. One important relief from the hassles created by too many people in too small an area is the recreational use of unspoiled land. San Mateo County is fortunate to have large tracts of relatively unspoiled land within easy reach of all its inhabitants. This may not last much longer.

The U.S. Army Corps of Engineers has proposed a \$44 million dam for Pescadero Creek. The rational for the construction is increased recreational potential for the area, flood control, and water supplies for agricultural and the residents of the area. The proposed dam will be constructed at Worley Flat, one mile upstream from Memorial

Grad. Ceremonies nanges In

In the graduation ceremonies last June several complaints were voiced as to how badly the ceremonies were arranged and

This year the graduation committee has taken the complaints into consideration and have come up with the following solutions.

First the graduation robes worn last year were made of a cotton that could be discarded, and cost the students \$6.25. This year the college has rented black heavy robes from CSM which will cost the students \$7.00, of which \$3.00 is returned to the student when he returns the robe after graduation. This is a savings of

Secondly the students sat in the back of the stage with the administration and board of trustees in front of them. It has been changed so that this year the students will be in front, in the middle, and the administration and board of trustees will be on either side of the students.

Thirdly the music played during the ceremonies was out of date to what is happening to the students and seemed more in tune to the music our parents graduated by. The committee would like to see more

(Cont. on page 4)

Park. The backed up water will cover about 1,420 acres in surface area, 60 of which are in Portola State Park. The water will also cover about 700 redwoods, including several virgin groves of trees.

The reasons for building this dam are a little weak in view of the situation. The recreational potential of a man made dam is questionable, especially considering the fluctuations in the water level due to water being drawn off in summer for agricultural needs. The dam far exceeds the size necessary for adequate flood control on a stream the size of Pescadero Creek. Last of all agriculture in San Mateo County is declining because of increased labor costs and the present agricultural water needs are being met.

The only thing that can prevent a dam on Pescadero Creek is you. There are petitions on the doors of 3-243 and 3-211, a petition on the bulletin board in 13-214, and a petition in the journalism office in 17-112 today only. The San Mateo County Board of Supervisors meets on March 26 at 2 p.m. at the Veteran's Memorial Building in Redwood City to decide the question. This is a public meeting and it will probably be the only one. Be there and Be heard.

Junior Colleges Elect Area Pres.

The organization led by students, the California Community College Student Government Association, may be the only effective means students have for being heard, outside of demonstrations.

The CCCSGA met at Cañada last Saturday and re-elected area president Gary Hansen of West Valley College and vice president Pat Farrington of Cabrillo

John Howe, Cañada's ASCC president, is the administrative vice president of CCCSGA.

Also, formerly, students had to wait until the next conference (they are held every six months) to bring any legislation up. Now, students may present their resolutions from various workshops to the governing board, which consists of the nine area presidents. From there, if the board approves, the bill goes to Sacramento.

During each conference, workshops on different problems are set up. This session's workshops were the presidents workshop, minorities, finance, curriculum, ecology, and faculty advisors.

The students from the colleges in Area Six - Cabrillo, Cañada, City College of SF, CSM, De Anza, Foothill, Gavialn, Hartnell, Menlo, Monterey Peninsula, San Jose City, Skyline, and West Valley Colleges — met to discuss what problems their campuses are encountering in a particular area, and tried to remedy the situation.

The only workshop to come up with a resolution was the ecology workshop. They suggested that an ecology committee be formed, consisting of two representatives, from each college in Area Six, to meet different activities between the different schools, like sharing speakers or ecology information. Hopefully, the group can instigate legislation from the twelve campuses, and send them to the governing boards. The CCCSGA has lobbyist Dr. Deegan working for them.

Assemblyman, John Vasconcellos, keynote speaker of the Area Six conference, works for the student cause. Vasconcellos said that it is not the system that has to change so much, but only when the people running it change, and we become agents of that change will things improve. Vasconcellos said a "psychic revolution is needed. We need to discover our capacity to love



others and build bridges to frightened, angry and violent people." He noted a tremendous distance between people and within ourselves — "we have lost track of who we are," he continued. Vasconcellos received a standing ovation when he finished speaking.

Fac. Senate Votes To **Change Grading System**

A majority of the faculty voted to institute a new grading system at Cañada in an election last week. Cañada's proposed new system is A, B, C, D, W, (up the end of the fifteenth week of the semester). The final decision on the proposed change rests with the Board of Trustees.

Acting on the results of this election the Faculty Senate has submitted the proposal to President Goss with their recommendation. He in turn will present it to the Board of

Trustees for their approval. The student council conducted a poll last week to elicit student opinion on the different proposed grading systems. A random sampling of about 10 per cent of the student body resulted in ten students voting for no change, 28 for number two – A, B, \tilde{C} , D, F, W,; 58 students for number three A, B, C, D, W (student or instructor has option of D or W up to 15th week of semester); 44 students for number four - A, B, C, D, W (no student option of D or W); 102 students for number five -A, B, C, D, W (student option c'

From the Editors

Implications of "No-Knock" Bill

Do you know anything about the Controlled Dangerous Substance Act: Most people, if they have heard anything at all about this piece of legislation, are used to hearing it referred to as the "no-knock" bill. If you're unaware of the importance of this Act, don't feel alone, until recently, my knowledge of its implications were limited too.

My vague awareness quickly turned to dismay after reading an article about the bill in the March 19 issue of the ROLLING STONE, an underground paper printed in San Francisco. The article was written by Marshall Krause, who is described as "a former staff counsel for the ACLU, and currently, court reporter for San Francisco educational TV station KQED's award winning Newsroom program." In this editorial I will attempt to bring out the most important points and implications of the "no-knock" bill.

The Act is labelled "no-knock" because of its provision allowing forceable entry by police when authorized by a judge issuing an arrest or search warrant. The entry can be made with no prior warning (such as announcement of identity and authority, usually accompanied by a knock on your door). In the article, Krause points out that this practice, while it sounds foreboding, has long been a doctrine of law "when the officer has reasonable grounds to believe that an escape or destruction of evidence will take place if he makes the announcement, and when an announcement will place the officer in peril of his life." The ROLLING STONE article goes on to point out that this portion of the Act may actually increase privacy, since the responsibility for a "no-knock" entry will be taken from the police hands and placed upon the judge, who may be reluctant to decide what "will" actually happen beforehand.

Another of the more publicized aspects of the bill is the "liberal" reduction of the minimum penalties for first time marijuana offenders. In explaining the reduction, Krause likened it to "patting yourself on the back for reducing the penalty for spitting on the sidewalk from five years to one year."

The penalty provisions of the proposed Act is a sentence of up to one year and up to \$5000 fine for a first offense of possession of any amount of marijuana. The current law is two to ten years and a possible \$20,000 fine. The present practice, it should be pointed out, is to suspend the sentence and grant probation on a first offense charge. Under the new Act, the judge could go one step further and erase any record of the conviction after a successful term of probation.

However lenient it may sound, this writer considers the Act to be a weak step towards bringing the penalties for possession of marijuana to a level commensurate to the harm it causes. It can easily be argued that stiff laws, aimed mainly at the younger generation, have done little good. As Krause points out: "The best estimates of the Director of Drug Abuse Section at the National Institute of Mental Health, Dr. Sydney Cohen, are that between eight and 12 million Americans have now used marijuana and that 20 million will have used marijuana in the next few years."

Passage of the Act would be a defeat to the medical approach to the abuse of hard drugs, since it retains only harsh legal solutions. As speed-freaks and heroin addicts across the country continue to have no place to turn for medical care, the Act provides them with a way to begin or add to a criminal record.

Let's examine some of the lesser publicized but grimmer aspects of the Controlled Dangerous Substances Act. First of all, it will place the responsibility for narcotic drug enforcement in the hands of the Department of Justice. This means that the agency could bust people throughout the US under all circumstances. Also, "state and local law enforcement officials, applying in most instances, milder state laws, would be in a subordinate position when appropriations for staffing and funding the federal program are in effect."

The ROLLING STONE article went on to state: "Equally important is the centralization of power in the Attorney General to control medical research into the properties and problems of drugs. The Attorney General will decide which research projects to approve and which not to approve; he will decide which scientists can have access to dangerous drugs and which cannot. The Attorney General will have control over all imports and exports of 'dangerous substances.' He will have the power to decide what is and what is not a 'dangerous substance.' This centralization of power in a law enforcement agency can best be described as a rape of the Department of Health, Education and Welfare (HEW), the agency of government supposedly empowered to make decisions about public health, research into medical problems, and to regulate the drug industry. Under the Act, HEW is left with merely advisory power in these areas."

The "liberal" marijuana laws cannot balance the harsher penalties involved in other sections of the Act. On certain first offenses involving addicting drugs, the judge can hand down sentences of life imprisonment for first offenses with a MINIMUM sentence of five years without possibility of suspension, probation or parole, plus a mandatory fine of \$50,000 and "forfeiture of all property or sources of income which in any way contributed to a violation of the Act."

New enforcement procedures would also be used, including ordering a witness at a trial or before a grand jury to testify despite his constitutional privilege not to incriminate himself, if the US Attorney states that the testimony thus obtained will not be used against the witness. Also, the possibility of increased pay-offs to not only informers, but even government employees was made possible with this clause: "The Attorney General may pay any person for information concerning a violation of the Act 'such sums of money as he may deem appropriate.'

This writer agrees with Krause that these methods and penalties are "almost police state measures." Disturbing also is the fact that the bill has already been passed by the Senate, after a drive spearheaded by Senator Thomas Dodd. (During the last day of discussion, Senator Dodd said he suspected marijuana use "caused soldiers in Vietnam to become crazed and commit atrocities such as the massacre at My Lai.")

The bill now is being handled by the House prior to a final vote. The Act will have to go through the House Judiciary Committee headed by Chairman Emanuel Celler. Celler has in the past been known to be highly critical of bills which attack constitutional rights. If you believe this bill is not constitutional, and misguided, I urge you to write to both Congressman Celler and your own Congressman. I intend to.

−D.H

Colleen Burke Editor News Editor Dave Collins Copy Editors Cory Farley, Dennis Hitchcock Photo Editor Tom Reilly Lay-out Editor Joyce Maguire Business Manager Bill Simmons Reporters Tom Bell Cathie Cline,Rustie Keilch,Michael Harrington, Hal Humphrey, Craig Patterson, Jackie Toorenaar Cartoonist Wendy Watkins Office: Bldg. 17, Rm. 112

'Jules & Jim' Film At Main Theatre

"Jules and Jim," the last of five films of the current Comm. Ed. film series will be shown on Wed. night Apr. 1, in the Main Theatre. The film starring Jeanne Moreau, and Oskar Werner was directed by Francios Truffant, and made in 1961.



Students concerned about pollution via litter are gathering the garbage we all throw along Canada Road to help us see how each can, wad of paper, and piece of metal add to land pollution.

Letters to the Editor

Student Power Debated

Frosh. Class Pres.

To the Editor:

Many roadblocks are placed in the way of students getting any meaningful say on campus. A few examples make the point clear. All student clubs and the student council must place their funds in a Canada College account. This money becomes the Administration's money since Pres. Goss has the power to freeze these funds. Pres. Goss even has the power to abolish student council or any student group. When Pres. Goss is asked if William Kunstler, defense attorney for the Chicago 8 trial, can speak the answer is no. When the Inter-Club Council organizes a music festival that Pres. Goss doesn't like, the whole thing is canned. In short all real power rests with the President

The administration has set-up what is in effect an Administrative Training Program. The students involved quickly learn the most bureacratic ways of doing things. We are given a false sense of which comes from hob-nobbing with big-shots, passing countless resolutions and going to lavish conferences housed in fancy hotels (all payed for by students). These privileges and the cliquishness that results serves as a wedge between the student gov't and the rest of the students. Our attention is .ted from real student needs

to phony parliamentary games. In response to this a student union is being organized, based on the idea that students and administration have interests that are not always the same. From a position of strength we could make sure students needs were met. As the basis of a student union I suggest the following: First, we need an organization with a simple structure and few rules. Second, we must develop a broad base among students and make sure we get more say on grading, curriculum, hiring and firing etc. Third, we must investigate all student grievences and see to it that they are resolved. Fourth, we must be willing to take progressive stands on community and national issues. Finally we should seek unity whenever possible, especially with campus workers, the faculty, student and community groups.

Roger Snyder Freshmen Class Pres. Editors Note: Because we will not publish for 3 more weeks, we felt it necessary to let President Goss state his views in this issue.

Pres. Goss

To the Editor:

It is true, as Roger Snyder states, that students do not have ultimate power at Canada College. What we have been trying to create is a system within which students can have maximum influence on the things which crucially affect them.

Ask yourself this question: just exactly how could a union improve the educational program? Assume that a strike succeeds in bringing classes to a halt. What then? Who would decide what is to be offered and how students are to be governed?

Just stating these questions makes it clear that the final question would involve control of the union. Would it be democratically elected? Would it truly represent all the students? What if there were a clash of interest between rival groups?

It is my firm belief that a college is not the same thing as a political group, and that therefore pure democracy is not the way to get the best results. For in a college what students seek is the expertise of a faculty. Advances in quantum physics or in teaching methods are difficult to obtain by majority vote.

A college should be sensitive and responsive to the needs of students. This is best accomplished by having students serve on permanent committees which deal with curriculum and faculty-student relations. It is also well served by having members of the faculty who will respond individually to the needs of students. It would be poorly served, in my opinion, by a system in which a union would seek to work its will by force in areas in which its members cannot possibly be valid judges of the issues.

William Goss, President, Canada College

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Scholarship Funds OK'ed

Appropriating money for scholarships and film series were discussed at the last council meeting.

One motion, raised by Kenn Pastrof, comptroller of activities, requested four \$100 scholarships be provided by the ASCC from members of the ASCC (excluding council members) on the basis of need. This means only those holding student body cards would be eligible.

The debate centering around Pastrof's motion for scholarship funds was quite lengthy. Roger Snyder, freshmen class president said he thought the motion was a good one, but said that while the motion proposed to help needy students, that it is most likely ASCC members would be less in need, having the \$5 for a

Lorenzo Pennix, newly appointed member of the financial aids committee, said black and brown students didn't use their student body cards for anything and considered it \$7 down the drain.

Mrs. Connie Gibney, inter-club council president, said a student doesn't need holes punched all over his card to show it's been used. She continued that anytime ASCC supports something, or puts on a

program, the card is used.

Rick Linderman, ASCC vice president, stated that separate money for minority scholarships is already appropriated.

The motion passed with five for, one opposed, and one sustained.

FILM FESTIVAL

The council voted in favor of granting William Kenney, English 28 instructor, and Kent Crockett, speech instructor, \$150 for a film festival. The films would include series of Dick Tracy or W.C. Fields films to be shown during Tuesday college hours for the rest of the semester.

Santa Barbara Students Speak Out

Santa Barbara students Janet Rollo and Dale Peterson who spoke at Cañada's College hour last Thursday, described their purpose for speaking as two-fold: to raise money to get students out of jail from the rioting and to educate people about the real story of the Isla Vista burning of the Bank of not the one por-America trayed by the media. Janet said people in jail that were sick from injuries were not receiving medical attention.

"The bank was attacked

because it is an exploiter of people and students all over the world. The students hate the bank ... It is profiting from the Viet Nam war, profiting from people dying and starving," she told Cañada students. "We enjoyed seeing the bank burn when we realized what the bank was doing."

She said the reason for the riots, which were not pre-planned, was that people were upset and had to resort to violence.

She pointed out that there was bad communication between the students and administration before the riots. The students presented a petition requesting an open hearing for Bill Allan, a faculty member of the UCSB but the administration wouldn't even negotiate and threw out the proposal.

"Now the administration is finally giving us a token listening," she added.

Dean's List Now Posted

The number of students who made the Dean's List for the fall semester, 1969, is so long that we are unable to print the list. If you would like to see the names, they are posted in the administration building across from the switchboard.

Woodside Music Festival

The Woodside Music Festival
— Sounds by Old Davis, Rushin'
River, Felix, Tuff and special
guest star—that's you!

Saturday, March 21, from high noon til sundown or more at Cañada.

Two dollars per car load — entering person should be in a car or on bikes 50c.

Artists and craftsmen interested in exhibiting their crafts at the festival for fun and/or, maybe sale, contact Patrick Hogan, ski club, 349-1652.

Tutoring Help Needed

Cañada's Student Development Program presently needs tutors in the Physical Sciences area. If you are interested in helping a student along in this area, your help will be deeply appreciated. Any prospective tutors can sign up at the Student Development Office, Bldg. 16, Rm. 5.

Psycho Drama Coming Here

A psycho drama, the enounter technique in which problems are not merely discussed but acted out, will be presented here March 31 during the college hour.

According to Tom Williams, an Experimental College director, problems and how they are caused and solved become plainly visible when dramatized in this manner.

AN OPEN LETTER FROM

THE REVOLUTIONARY MOVEMENT

TO THE

BANK OF AMERICA

We are deeply disturbed by the wanton acts of aggression perpetrated on the peoples of S. E. Asia engaged in revolutionary struggles. These military interventions are not childish pranks, peaceful demonstrations, nor even non-violent disruptions designed to give symbolic meaning to imperialism. Rather, they are criminal acts of violent proportions directed against the people's democratic struggle. They are fascist gestures of the kind that lead to further violence, bloodshed, and repression. Nor are they isolated instances but rather a continuation of the calculated violence that has been emanating from your banks and financial institutions in the name of the state under the directions of the corporate few.

You compare us in the American Revolutionary Movement to the "brown shirts" of Nazi Germany. Lest you forget, it was the brown shirts of Nazi Germany who came to power in order to repress the Revolutionary movement in pre-Nazi Germany. In whose interests then do you speak of "law and order?"

We accuse your bank, Chairman Lundborg and ex-chairman Peterson, in your plunder of "hungry new markets" and your affiliations with defense contractors like Litton & McDonnel-Douglas, in your magnanimous aid to the CIA through the Asia Foundation, of raping the "underdeveloped world."

We accuse you of continuing the racist hegemony of American Imperialism over Asia, South America, and Africa. We accuse your bank, Director Di Giorgio, of being the largest parasitic landlord in the state of California, owning properties larger in area than the whole state of Delaware, and yet you fight against the minimum wage demands of migrant farmworkers and lobby for the continuation of the "bracero program." Not only do you oppose labor in your control of agribusiness in California, but you have consistently opposed the demands of workers through generous support of anti-labor legislation.

Your retail food outlets distribute food of declining quality, artificially grown, and of little nutritional value. We accuse you of destroying the world's ecological balance through your mining concerns, your manufacturing interests, and your petroleum companies like Union Oil (or have you forgotten the beaches of Santa Barbara?)

In whose interests is LAW AND ORDER when one of your directors, Harry S. Baker, sits on the board of the largest police weapons manufacturer in the world, Bangor Punta?

This is for the people of the world to decide: what is the burning of a bank compared to the founding of a bank? In whose interest is law and order when tyranny prevails?

ALL POWER TO THE PEOPLE!



At the thirteenth Annual Journalism Assoc. of Junior Colleges convention, held in Fresno last weekend; first place for feature writing was awarded

to Canada College for Hank Lebo's story on the Stones concert in Altamont. The story appeared in the Dec. 12, 1969 issue of The Newspaper.

Experimental Courses

What's Wrong with Canada College? Experimental College Staff; rap, encounter to be led if necessary by experienced people, and action. Meets every Thursday in Bldg. 5, Rm. 102, at 11 a.m.

Experimental College Board of Directors: is you, the decision making body of the Experimental College. Everyone invited. Meets every Thursday, Bldg. 5, Rm. 102, 11 a.m.

<u>Karate:</u> Belt holders; Tuesdays, April 14 to June 2, gym, 8 p.m. <u>How To Organize a Union:</u> Rudy Tham, organizer for International Brotherhood of Teamsters. Wednesday, April 15, Bldg. 5, Rm. 102, 8 p.m.

<u>How It Was:</u> Harlan Williams, Life in the Northwest in the Thirties. Wednesday, April 22, Bldg. 5, Rm. 102, 8 p.m.

Anthropology: Eldon Earnhardt. Ecology, racism, THE NAKED APE. Mondays, April 29, May 6, May 13, Bldg. 5 Rm. 102, 8 p.m.

The Mohawk Valley Formula: Tom Williams. The first of the sophisticated repression techniques, developed by James H. Rand of the Rand Corporation during a strike in 1936, and the prototype for all the law and order bull of today. Monday, May 4, Bldg. 5, Rm. 102, 8 p.m.

Fundamentals of the Price System: Tom Williams. Mondays, May 18, May 25, June 1, Bldg. 5, Rm. 102, 7:30 p.m.

National Labor History: Pat Manning. Wednesday, May 20, Bldg. 5, Rm. 102, 8 p.m.

<u>Free Economics:</u> Steve Scott. Some of the practical economics involved in making the local Movement self-supporting. Tuesday, June 23, Bldg. 5, Rm. 102, 8 p.m.

<u>Labor History of the Bay Area:</u> Warren Billings. By one who has been active in it since 1893. Wednesdays, June 24, July 1, 8, 15. Bldg. 5, Rm. 102, 8 p.m.

Jauregui Sixth In Norcal

Cañada took another step along the road to athletic respectability this week with Mike Jauregui's sixth place finish in the northern California JC wrestling tournament. Jauregui, a star at 126 pounds for San Nicolopolous' grapplers this season, continued his heads up wrestling in Bakersfield with what Nicolopolous called "a tremendous job." Cañada finished 22nd out of 59 in northern California.

SOY BEANS

Poetry by Canada's Curtis and Swenson 50c in Bookstore Proceeds go to Student Development

B'Ballers 'ON' in League Play

by Cory Farley

The despairing cries of "Whoops!" that have echoed from the hills surrounding whatever diamond Cañada's baseballers have been playing on

S.M. History Course Given

Cañada College Community Education hosts Ray Spangler on "The History of San Mateo County," in six Wednesday evening programs co-sponsored by the San Mateo County Historical Society. Spangler, a newspaperman in the County since 1926, will draw upon his own experiences

Apr. 1 — "Political History of the County"

Apr. 8 — "Parks, Density and Open-Space"

Apr. 15 – "Air and Water"

Apr. 22 – "Earthquakes"

Apr. 29 — "Transportation" May 6 — "Racial History of the County"

Programs are from 8:00-9:30 p.m. at the Woodside Road Community Methodist Church, Woodside Road and Alameda, Redwood City. Series tickets are \$4, single tickets are \$1.25.

Graduation...

(Cont. from page 1)

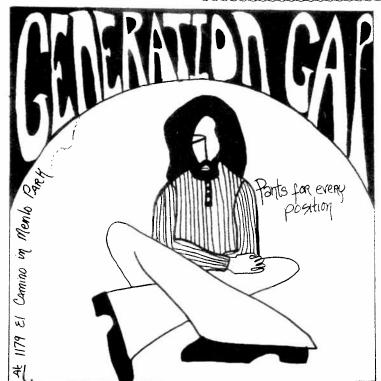
up-to-date music played during the ceremony, for example, 'Hey Jude.' A list of music to be played will be submitted to the committee from which they will choose what will be heard.

Lastly the committee would like to see some recognition given to students who have excelled in the individual departments at Cañada. For example art, music, English, drama, etc., and also to students who have excelled academically.

The last day to apply for June, 1970, graduation is April 17.

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may have been heard for the last time. The Magnificent Nine, 2-5 in preconference play, committed just one error in each of their two games last week as they whipped College of Marin and defending champ De Anza in back to back sparklers. The league opener Tuesday against Marin saw Hayden Thomas finally get a little help from his friends after two of his previous efforts had been turned to dust by haphazard defensive work. Thomas, perhaps the best in a bullpen that may be better than anyone suspects, struck out nine, walked only one, and cracked two hits to help himself and Cañada to a 5-0 victory.

Thursday the Colts met last year's title winner De Anza in a "home" game played at CSM. The Colts led 7-0 at one point before starting hurler Fidenci Herrera tired, allowing four runs. Larry Brassea came in to shut out De Anza and bring home the

Hilltoppers' second league win, 7-4.

The burgeoning maturity of the Colt nine and their ability to come through when it counts may point the way to better things than could be foreseen by their pre-season performance. The hitting has always been good, the pitching has held up well, and Brassea has been able to put out the fire a couple of times when things have threatened to get out of control. For the first few games, the defense looked like they were out to retire the Marv Throneberry Memorial "I Lost It In The Sun" Award, but the gloves that went clank in the night have softened and, surprise, Cañada is undefeated in the league. Two games does not a season make, but if the defensive play can stand the strain the Colts may be a force to be reckoned with in the Camino Del Norte Conference.



HYPNOSIS WORKSHOP

Is a privately owned school of self-hypnosis. We offer a seven-week course (one hour instruction a week), teaching you how to hypnotize yourself, showing you how to do various hypnotic phenomena, such as:

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 Learning to increase your ability to concentrate, by focusing your attention completely and tuning out irrelevant stimulii.

 Reducing or eliminating pain. This potential is already used extensively in dentistry and childbirth.

-Remembering and actually reliving past events. In reliving past events, you can experience them emotionally and with all five senses, in a vivid hypnotic dream.

 Hypnotic dreams are also useful in enhancing creativity.

 Learning to produce altered states of consciousness, including the ability to enhance meditation states, and produce states of amplified awareness. The course

costs \$30, with the option of a \$15 refund on the third week, as well as a limited number of scholarships. There will be a free lecture-demonstration on hypnosis and the uses of self-hypnosis at our office at 1010 Doyle Street in Menlo Park at 7:30 on these nights: April 1, 2, 3, 4, 8, 9, 10 and 11. Come to any one of the lectures; meet the staff of Hypnosis Workshop. If you find you are interested further, you may take our hypnotic susceptibility test, and — if you like — register for the course. Our phone is

322-2992